

Just Aerobics, Inc.

29 Montauk Court * Baltimore, MD 21234

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JSAROBX@AOL.Com

SPALSH INTO SUMMER WITH JUST AEROBICS FITNESS!!

Make a big splash this summer during these hazy hot summer days with Just Aerobics Water class! Water aerobics have been added to the next 6 week mini session of classes for your fitness enjoyment! All evening classes are held in the air conditioned hall for a better heat-controlled environment. Come and join us!!!

**FEE STRUCTURE:
\$60 per person
Unlimited Classes**

**\$45 per person
Water Aerobics
Only**

	Monday	Tuesday	Wednesday	Thursday
Hiss United Methodist Church A/C Social Hall Begins 8/9/2010		Resista- Ball 6:00pm (Lisa)	Cardio Mix with weights dance, jump, glide and more! 6:00pm (Penny)	Kickboxing 6:00pm (Lisa)
		Pilates with a Twist 7:00pm (Lisa)	Toning with weights and bands 7:00pm (Penny)	Pilates with a Twist 7:00pm (Lisa)
9829 Forge Park Road Begins 6/21/2010	Splash!! Water Aerobics 6:30pm (Jeanne)			

JUST AEROBICS 2010 EARLY SUMMER WORKOUT REGISTRATION

Send completed registration form, along with check made payable to Just Aerobics, Inc., and mail to address above or register at first class. (Cash also accepted)

I, the undersigned, am aware that I am engaging in an aerobics class. I understand that this class is a total fitness regimen consisting of high and/or low impact activity with or without the use of any aerobic equipment. I recognize that I am participating at my own risk and will not hold liable any location that hosts Just Aerobics, Inc., Just Aerobics, its instructors or Jeanne Baker for any possible injury, either incurred at the time or as a future result of my efforts during the class. PLEASE PRINT LEGIBLY:

NAME: _____ HOME PHONE: _____

SIGNATURE: _____ EMAIL: _____

ADDRESS: _____ WORK PHONE: _____

Please put a check mark by your address if it is new!

CITY: _____ ZIP: _____ TOTAL PAID: _____

SUGGESTIONS: _____